

# Shavings

The Magazine  
of

The  Estates  
A T C A R P E N T E R S

September 2021



HAPPY  
Grand  
PARENTS  
DAY



*“Even to your old age and gray hairs I am He, I am He who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you.”*

*- Isaiah 46:4*

# From The Executive Director



I was watching the news the other night and the reporter announced that we were entering the peak of hurricane season. The 2021 forecast for the number of named storms, hurricanes, and major hurricanes predicts an “above average” hurricane season. This is when it gets “interesting.”

Adding to the uncertainty and stress that comes with hurricane season is a pandemic that is raging in Florida. We hear reports of new records for the daily number of cases in our state and wonder if there is any end in sight. The light at the end of the tunnel is not shining as bright as it was just a couple of months ago. The “pandemic of the unvaccinated” as it is now being called puts all of us at risk and is stressing our healthcare system to the point of it collapsing.

Much as I suggested in last month’s article, let’s look at things through a different set of lenses.

If you have lived in Florida for any length of time you have lived through a hurricane season. While we can pray that no storms make landfall, we know that some will, and that preparation is the key. The Estates is ready – are you? The time to get prepared is not when our community is in the path of a major hurricane – the time is now.

The tragic news stories of unvaccinated people who contract the virus begging to be vaccinated and encouraging others to get vaccinated are hard to read. We all want the suffering to end. We know the Delta variant of the virus is highly transmissible and is resulting in daily case numbers previously not seen at any point in the pandemic, but it is primarily impacting the unvaccinated. If you are vaccinated and following the guidelines, you have done all that you can to protect yourself and others.

Which brings me to the decision to mandate the vaccine for all employees. It was not an easy decision to make. We know that we will lose some excellent employees and that the operations of some departments will be impacted as new staff are hired and trained. This decision was made for one reason... to protect our residents. It was an affirmation of a commitment that was made at the beginning of the pandemic ... to do all we could to protect the health, safety, and well-being of our residents and staff.

As we continue to dream of a post-pandemic world, please do not let your guard down. Continue to follow the guidelines to protect yourself and others. Much like other struggles in life, we will persevere and rely on our faith in God and by loving and supporting each other.

- *Brian Robare, CEO & Executive Director*

# MEET YOUR NEW NEIGHBORS



## **Gail & Alfred Bretz, K-202, Phone: (863)664-4107**

Alfred and Gail are native Floridians. They are originally from Bartow, Florida and have both worked in Polk County for most of their lives. They met in first grade and ended up falling love and getting married in the year 2000. Alfred worked for the Polk County School Board for forty-three years while Gail worked for the Polk County Sheriff's Office for twelve years. Alfred was honored at Bartow High School as they've dedicated a sports program to him. Gail is a proud owner of whale collectibles. She enjoys cooking and eating at good restaurants, and Alfred is a big fan of golf. We are happy to welcome Gail & Alfred to their new home at the Estates.

## **Bonnie Marini, J-420, Phone: (203)216-5449**

Bonnie is originally from Connecticut and lived there for forty years. She worked as an accounting manager for twenty plus years. Because she wanted to have continuous care, she decided to move to the Estates from Solivita in Kissimmee, Florida. Bonnie enjoys having a good time, traveling, going to concerts, reading, photography and playing Mah Jongg. We are excited to welcome Bonnie to our Estates family.



## **Barbara Weinberg, J-421, Phone: (203)216-6292**

Barbara is originally from New York, but later moved to Connecticut with her husband to raise her family. She has worked as a psychotherapist for forty-three years and still continues to have phone clients to this day. She decided to move to the Estates from Solivita in Kissimmee, Florida to have an easier lifestyle and to be with her best friend Bonnie. A fun fact about Barbara is that she is the founder of Women Redefining Retirement in Milford & Guilford, CT whose motto is making a difference and having fun doing it. We are very pleased to welcome Barbara to the Estates at Carpenters.

## **C.H.E.R.A Scholarship Honorees**

The CHERA Scholarship Committee would like to congratulate our CHERA Scholarship recipients for this school year. These intelligent and hardworking individuals have had glowing recommendations from their Estates supervisors who believe that they deserve this honor. We recognize these individuals for their work-life balance. Without further ado, here are the following winners of the scholarships:

**Abbygail Bryan**

**Desiree Pellerin**

**Destiny Stukes**

**McKenna Inglett**

**Beata Nieradka**

If you happen to run into any of these employees, please take a moment to congratulate them, and thank them for all of their hard work! We are very proud of our Estates family.



## **MEMORIALS, HONORARIUMS, AND DONATIONS**

The Estates would like to thank the following individuals for their generosity during the month of July 2021: Leslie Claxton, Larry Hamilton, Gary Mitchell, Brian Robare, John Thompson and Matt Thompson.

# Reaping The Benefits

I believe I can speak for everyone when I say - "I love my grandparents". When I was a child, going over to my grandparents' house was the best! My grandma made the best foods, my grandpa would take me to the beach where I was introduced to fishing, and I always had an open ear for an exciting new story. Parents and grandparents are similar in many ways, but there is an unexplainable relationship between a grandchild and a grandparent. As children, we can tap into a priceless fountain of wisdom that grandparents possess. They want nothing more than to care and love on their grandchildren, yet most grandparents do not realize the health and wellness benefits a grandchild can be.

Through the years I have had many wonderful experiences that have helped me develop a strong bond with my grandparents. A study from 2016 shows when grandchildren enjoy a strong relationship with their grandparents, both are shown to have much lower levels of depression in life. Research has shown that the general calming nature of grandparents through teaching and playing allow both to reap the benefits of the little meaningful moments of happiness.

Grandparents are also a source of stability and comfort for many of their grandchildren. Grandparents are someone grandchildren feel they can trust and come to for impartiality. Many times, grandparents have "infinite patience", and often more time to spare than parents. This can lead to a child having a more calming experience than they would not have otherwise. The benefits of this experience are also shared with the grandparents because when kids are having fun, grandparents feel good as well.

Finally, a relationship between a grandchild and the grandparent has been shown to have wonderful cognitive bonuses. A 2014 European study showed that watching grandchildren on a weekly basis may boost brain function. The link between taking a paternal and teaching role to the grandchild showed to have a positive impact on verbal fluency. Grandparents pass down a wealth of knowledge to their grandchildren through teaching moments, and it is not just the child that gains new skills and information, but the teaching role of grandparents allow them to develop their vocational wellness skills through past experiences and careers.

The list goes on and on, and we see the wellness benefit grandparents are to their grandchildren; but it is not only the child that benefits but the grandparent. By sharing wonderful stories, family history, bonding moments and nurturing care, both can impact the other in many ways. It is September where we celebrate all that our grandparents have done for us, and we thank each and everyone of them for their love and dedication to help shape generations to come.

- *Marco Silvera, Wellness Coordinator*

## CHERA NEWS

CHERA serves our residents in many areas. One of the most important is through the support of our eight charities with a quarterly donation of \$300 each. The following is a short explanation of each charity:

- 1.) Talbot House - provides needs of clothing, food and shelter to everyone who comes to their door.
- 2.) Lakeland Volunteers in Medicine - provides outpatient medical, dental and mental care to the working, uninsured of Polk County.
- 3.) Anchor House - offers group homes for boys, 10-17, and 18+ young men who have aged out of foster care.
- 4.) Lighthouse Ministries - provides meals, showers and beds to the poor and homeless.
- 5.) Teen Challenge - provides boarding school for boys and girls which includes education and counseling for those with substance abuse.
- 6.) Noah's Ark - provides housing, choice of employment and social opportunities to persons with developmental disabilities.
- 7.) PACE for Girls - provides young women with the opportunity for a better future through education, counseling and training.
- 8.) K9 for Cops - helps to purchase dogs for the K-9 unit of the Polk County Sheriff's department. Each dog costs nearly \$10,000.

If you wish to have more information on any of these charities, please contact any of the CHERA Board members.

- *Arleen Allen, CHERA President*

# The Grandparent Test

In honor of all the wonderful Grandparents out there, here is a fun quiz for you:

- 1.) Did you have plastic covers on your furniture?
- 2.) Did you baby sit your grandkids more than once a week?
- 3.) Did you let your grandkids help you cook?
- 4.) Did you put a chair at the sink to let your grandchild “help” with the dishes?
- 5.) Did you give them candy whenever they want it?
- 6.) Did you let your grandchildren stay overnight?
- 7.) Did you let your grandchildren jump in mud puddles?
- 8.) Did you play Old Maid or Go Fish with your grandchildren?
- 9.) Did you read stories to your grandchildren?
- 10.) Do your grandchildren have their own room at your house?

ALL YES = Super-Duper Grandparent. This kind of grandparent knows the risks of Kool-Aid on the couch and a few broken dishes but still willing to take the heat from parents for a sugar rush before bedtime and mud on their clothes.

HALF YES = Super Grandparent. This grandparent is still somewhat of a risk taker but a little more cautious. This grandparent will at least have some restrictions with candy and how many times they let the kids win Go Fish.

NO/YES = Duper Grandparent. This person may not have grandkids yet or the kids are not old enough for cooking or eating Snickers bars.

If you are a grandparent and you live here at the Estates, then I know for a fact you are all Super-Duper Grandparents because there couldn't be anyone sweeter than our very own residents!

- *Cheri Shrader, Director of Nursing*

## Resident Spotlight: Bev & George Hanson

George and Bev just celebrated two years at the Estates this past August and have been enjoying every minute of being here. George is originally from Long Island, New York. He had a very close relationship with his uncle. So close in fact that with the guidance of his uncle, he decided to follow in his footsteps and become an engineer. His uncle advised him to attend the Brooklyn Polytechnic which is now apart of NYU. After he received his degree, he went to work for a company in New Jersey. Bev is originally from New Jersey. When it came to life after high school, Bev's family lived by one rule, “either get married or you work.” This led Bev to accept a job as a technical typist. Coincidentally, this company brought the technical typist and the engineer together and the rest is history. After getting married, Bev and George received the unfortunate news that they would not be able to have children. However, because of their love for children they decided to adopt four children (two boys and two girls). Despite having four kids, they decided to spread their love by opening their home to thirty-six foster kids over the course of two and a half years. The time came when all four kids left the nest and had children of their own. George and Bev were then ready to move on. They knew that Florida was the place they wanted to be when they retired as Bev had spent her summers with her father in Florida and lived in Orlando for a period because of George's work. They lived in south Lakeland for eight years. After those years, they realized that their house was starting to feel too big, and the maintenance of the house was starting to add up. So, they both decided that it was time to look at different communities in the area. With the welcoming spirits of the residents, the strong faith of others, and delicious food, they knew that the Estates was the place for them! If there is anything Bev and George would like you to take away from their story, it would be to “enjoy every phase in your life,” and to “have respect for your elders and to listen and apply their advice to your life.” With the short time they have been at the Estates, the Hanson's have made such a lasting impact on the community. This community is so blessed to have them be a part of our family and we can't wait to see what God has in store for them!



- *Kira Morisako, Resident Lifestyle's Assistant*

# Sunday

# Monday

# Tuesday

# Wednesday



9:00 Group Exercise  
 9:30 Walmart Run  
 10:00 Tai Chi - AUD  
 10:00 Water Aerobics  
 11:00 Bean Bag Bowling  
**3:00 FLICRA Meeting**  
 6:00 Bridge - AUD  
 6:15 Mexican Train

11:00 CHERA Worship: **05**  
 Rev. William Allen - AUD  
 1:30 Hand, Knee & Foot -  
 C/D 3rd Floor  
 Fitness Center Open 24/7  
 All Day Swimming  
 All Day Outdoor Activities  
 Game Room OPEN  
 Art Studio OPEN

10:00 Water Aerobics - POOL **06**  
 10:00 Catholic Rosary - PDR  
 11:00 Silent Singers - CR  
 1:00 Mah Jongg - CR  
 6:00 Scrabble - C/D 3rd Floor  
 6:30 Bingo - AUD  
**Labor Day** 

8:00 Coffee Social - CR **07**  
 9:00 Gentle Yoga - AUD  
 10:00 Drum Fit - AUD  
 10:00 Water Aerobics - POOL  
 1:00 Bible Study with Jim Moore -  
 AUD  
 2:00 Reflections - CR  
 2:30 Bible Study with Gayle Moore-  
 AUD  
**6:30 Music Hour - AUD**

9:00 Group Exercise  
 9:30 Walmart Run  
 10:00 Water Aerobics  
**10:00 Journey To...  
 CR**  
 10:00 Tai Chi - AUD  
 11:00 Bean Bag Bowling  
 6:00 Bridge - AUD  
 6:15 Mexican Train

11:00 CHERA Worship: **12**  
 Rev. Dan Morris - AUD  
 1:30 Hand, Knee & Foot -  
 C/D 3rd Floor  
**3:00 Grandparents Day Celebration-  
 AUD & CR**  
 Fitness Center Open 24/7  
 All Day Swimming  
 All Day Outdoor Activities  
 Game Room OPEN  
 Art Studio OPEN  
**Grandparents Day** 

9:00 Group Exercise - AUD **13**  
**9:00 Veterans Club - MDR**  
 10:00 Water Aerobics - POOL  
 10:00 Catholic Rosary - PDR  
 11:00 Silent Singers - CR  
**12:00 Wii Bowling Banquet - AUD**  
 1:00 Mah Jongg - CR  
 6:00 Scrabble - C/D 3rd Floor  
 6:30 Bingo - AUD

8:00 Coffee Social - CR **14**  
 9:00 Gentle Yoga - AUD  
 10:00 Drum Fit - AUD  
 10:00 Water Aerobics - POOL  
**10:00 Foshee Jewelers - CR**  
 1:00 Bible Study with Jim Moore -  
 AUD  
 2:00 Reflections - CR  
 2:30 Bible Study with Gayle Moore-  
 AUD

9:00 Strength Circuit  
 9:30 Walmart Run  
**9:30-1:30 Jewelers**  
 10:00 Water Aerobics  
 11:00 Marketing  
 AUD  
**3:00 Concert Hour**  
 6:00 Bridge - AUD  
 6:15 Mexican Train

11:00 CHERA Worship: **19**  
 Rev. Ron Doolittle - AUD  
 1:30 Hand, Knee & Foot -  
 C/D 3rd Floor  
 Fitness Center Open 24/7  
 All Day Swimming  
 All Day Outdoor Activities  
 Game Room OPEN  
 Art Studio OPEN

9:00 Group Exercise - AUD **20**  
 10:00 Catholic Rosary - PDR  
 10:00 Water Aerobics - POOL  
 10:00 Body Balance - AUD  
**10:00 Future of the Art Studio - AS**  
**11:00 Wellness 101 - AUD**  
 11:00 Silent Singers - CR  
 1:00 Mah Jongg - CR  
**2:30 Game Time - AUD**  
 6:00 Scrabble - C/D 3rd Floor  
 6:30 Bingo - AUD

8:00 Coffee Social - CR **21**  
 10:00 Water Aerobics - POOL  
**12:00-2:00 Alzheimer's Bake Sale  
 CR**  
 2:30 Bible Study with Gayle Moore-  
 AUD  
**World Alzheimer's Day**

9:00 Group Exercise  
**9:00 Low Vision S...  
 CR**  
 9:30 Walmart Run  
 10:00 Water Aerobics  
 10:00 Tai Chi - AUD  
 11:00 Bean Bag Bowling  
**2:00 Endless Summer  
 AUD**  
 6:00 Bridge - AUD  
 6:15 Mexican Train

11:00 CHERA Worship: **26**  
 Rev. Norman Bradney - AUD  
 1:30 Hand, Knee & Foot -  
 C/D 3rd Floor  
 Fitness Center Open 24/7  
 All Day Swimming  
 All Day Outdoor Activities  
 Game Room OPEN  
 Art Studio OPEN

9:00 Group Exercise - AUD **27**  
 10:00 Catholic Rosary - PDR  
 10:00 Water Aerobics - POOL  
 10:00 Body Balance - AUD  
 11:00 Silent Singers - CR  
 1:00 Mah Jongg - CR  
 1:00 Wii Bowling - GR  
 6:00 Scrabble - C/D 3rd Floor  
 6:30 Bingo - AUD

8:00 Coffee Social - CR **28**  
 9:00 Gentle Yoga - AUD  
 10:00 Drum Fit - AUD  
 10:00 Water Aerobics - POOL  
**10:00 Foshee Jewelers - CR**  
**11:30 Hospitality Committee Meeting  
 CR**  
 1:00 Bible Study with Jim Moore -  
 AUD  
 2:00 Reflections - CR  
 2:30 Bible Study with Gayle Moore-  
 AUD

9:00 Group Exercise  
**9:00 Clergy Fellowship**  
 9:30 Walmart Run  
 10:00 Water Aerobics  
 10:00 Tai Chi - AUD  
 11:00 Bean Bag Bowling  
 1:00 Wii Bowling  
**2:00 Birthday Bash**  
 6:00 Bridge - AUD  
 6:15 Mexican Train

| Wednesday  | Thursday  | Friday  | Saturday   |
|--|---|---|--|
| <p>Exercise - AUD <b>01</b><br/>           Lunch - BUS<br/>           Pool<br/>           Water Aerobics - POOL<br/>           Baseball - AUD<br/> <b>Meeting - AUD</b><br/>           Dinner - CR</p>   | <p>Ping Pong ALL DAY <b>02</b><br/>           8:00 Coffee Social - CR<br/>           9:00 Gentle Yoga - AUD<br/>           9:30 Publix Run - BUS<br/>           10:00 Water Aerobics - POOL<br/>           10:00 SilverFit - FC<br/>           10:00 Senior Scholars - AUD<br/> <b>10:30 Harborside Trip - BUS</b><br/>           11:00 CHERA Chorus - AUD<br/>           1:00 Scrabble - C/D 3rd Floor<br/>           1:00-3:00 Ladies' Boutique - D-304<br/>           6:30 Chapel: Jim Moore - AUD</p>   | <p>8:00 Coffee Social - CR <b>03</b><br/>           9:00 Group Exercise - AUD<br/>           10:00 Tai Chi - AUD<br/>           10:00 Water Aerobics - POOL<br/>           10:30 Target Run - BUS<br/>           11:00 Cranium Crunches - AUD<br/>           1:00 Mah Jongg - CR<br/>           1:00 Local Bank Run - BUS<br/>           1:00-3:00 Flea Market - A-421<br/>           1:00-3:00 Furniture Sale - C-217<br/>           1:30 Hand, Knee &amp; Foot - C/D 3rd Floor<br/>           2:00 Tech Time - AUD<br/>           6:00 Pinochle - AUD<br/>           6:30 Manipulation Cards - AUD</p>          | <p><b>04</b><br/>           Fitness Center Open 24/7<br/>           All Day Swimming<br/>           All Day Outdoor Activities<br/>           Game Room OPEN<br/>           Art Studio OPEN<br/>           6:00 Saturday Night Movie - AUD<br/>           "The First Wives Club"</p> |
| <p>Exercise - AUD <b>08</b><br/>           Lunch - BUS<br/>           Water Aerobics - POOL<br/> <b>Through Grief -</b><br/>           Dinner - CR<br/>           Baseball - AUD<br/>           Dinner - CR</p>  | <p>Ping Pong ALL DAY <b>09</b><br/>           8:00 Coffee Social - CR<br/>           9:00 Gentle Yoga - AUD<br/>           9:30 Publix Run - BUS<br/>           10:00 Water Aerobics - POOL<br/>           10:00 SilverFit - FC<br/> <b>10:00 Special Senior Scholars - AUD</b><br/>           11:00 CHERA Chorus - AUD<br/> <b>12:00 JULIETS Lunch: Il Forno - BUS</b><br/>           1:00 Scrabble - C/D 3rd Floor<br/>           1:00-3:00 Ladies' Boutique - D-304<br/>           6:30 Chapel: Dr. Melba Fletcher - AUD<br/> <b>7:30 CHERA Quarterly Meeting - MDR</b></p>                          | <p>8:00 Coffee Social - CR <b>10</b><br/>           9:00 Group Exercise - AUD<br/>           10:00 Tai Chi - AUD<br/>           10:00 Water Aerobics - POOL<br/>           10:30 Target Run - BUS<br/>           11:00 Cranium Crunches - AUD<br/>           1:00 Mah Jongg - CR<br/>           1:00 Local Bank Run - BUS<br/>           1:00-3:00 Flea Market - A-421<br/>           1:00-3:00 Furniture Sale - C-217<br/>           1:30 Hand, Knee &amp; Foot - C/D 3rd Floor<br/> <b>2:00 Special Movie Matinee - AUD</b><br/>           6:00 Pinochle - AUD<br/>           6:30 Manipulation Cards - AUD</p> | <p><b>11</b><br/>           Fitness Center Open 24/7<br/>           All Day Swimming<br/>           All Day Outdoor Activities<br/>           Game Room OPEN<br/>           Art Studio OPEN<br/>           6:00 Saturday Night Movie - AUD<br/>           "I Can Only Imagine"</p>   |
| <p>Recruit - FC <b>15</b><br/>           Lunch - BUS<br/> <b>Yrly Sale - CR</b><br/>           Water Aerobics - POOL<br/>           Luncheon -<br/> <b>Hour - AUD</b><br/>           Dinner - CR</p>   | <p>Ping Pong ALL DAY <b>16</b><br/>           8:00 Coffee Social - CR<br/>           9:00 Gentle Yoga - AUD<br/> <b>9:00 Religious Resource - CR</b><br/>           9:30 Publix Run - BUS<br/>           10:00 Water Aerobics - POOL<br/>           10:00 SilverFit - FC<br/>           10:00 Senior Scholars - AUD<br/>           11:00 CHERA Chorus - AUD<br/> <b>12:00 ROMEOS Lunch: Walk-Ons - BUS</b><br/>           1:00 Scrabble - C/D 3rd Floor<br/>           1:00-3:00 Ladies' Boutique - D-304<br/> <b>2:00 National Guacamole Day - AUD</b><br/>           6:30 Chapel: Dawn Horn - AUD</p> | <p>8:00 Coffee Social - CR <b>17</b><br/>           9:00 Group Exercise - AUD<br/>           10:00 Tai Chi - AUD<br/>           10:00 Water Aerobics - POOL<br/>           10:30 Target Run - BUS<br/>           11:00 Cranium Crunches - AUD<br/>           1:00 Mah Jongg - CR<br/>           1:00 Local Bank Run - BUS<br/>           1:00-3:00 Flea Market - A-421<br/>           1:00-3:00 Furniture Sale - C-217<br/>           1:30 Hand, Knee &amp; Foot - C/D 3rd Floor<br/>           2:00 Tech Time - AUD<br/>           6:00 Pinochle - AUD<br/>           6:30 Manipulation Cards - AUD</p>          | <p><b>18</b><br/>           Fitness Center Open 24/7<br/>           All Day Swimming<br/>           All Day Outdoor Activities<br/>           Game Room OPEN<br/>           Art Studio OPEN<br/>           6:00 Saturday Night Movie - AUD<br/>           "Julie &amp; Julia"</p>    |
| <p>Exercise - AUD <b>22</b><br/> <b>Support Group -</b><br/>           Lunch - BUS<br/>           Water Aerobics - POOL<br/>           Dinner - CR<br/> <b>Senior Celebration -</b><br/> </p> | <p>Ping Pong ALL DAY <b>23</b><br/>           8:00 Coffee Social - CR<br/>           9:00 Gentle Yoga - AUD<br/>           9:30 Publix Run - BUS<br/>           10:00 Water Aerobics - POOL<br/>           10:00 SilverFit - FC<br/>           10:00 Senior Scholars: Virtual Museum AUD<br/>           11:00 CHERA Chorus - AUD<br/>           1:00 Scrabble - C/D 3rd Floor<br/>           1:00-3:00 Ladies' Boutique - D-304<br/>           6:30 Chapel: Dr. Joe Davis - AUD</p>   | <p>8:00 Coffee Social - CR <b>24</b><br/>           9:00 Group Exercise - AUD<br/> <b>10:00 Bok Tower Trip - BUS</b><br/>           10:00 Water Aerobics - POOL<br/>           10:30 Target Run - BUS<br/>           11:00 Cranium Crunches - AUD<br/>           1:00 Mah Jongg - CR<br/>           1:00 Local Bank Run - BUS<br/>           1:00-3:00 Flea Market - A-421<br/>           1:00-3:00 Furniture Sale - C-217<br/>           1:30 Hand, Knee &amp; Foot - C/D 3rd Floor<br/>           2:00 Tech Time - AUD<br/>           6:00 Pinochle - AUD<br/>           6:30 Manipulation Cards - AUD</p>      | <p><b>25</b><br/>           Fitness Center Open 24/7<br/>           All Day Swimming<br/>           All Day Outdoor Activities<br/>           Game Room OPEN<br/>           Art Studio OPEN<br/>           6:00 Saturday Night Movie - AUD<br/>           "We Bought a Zoo"</p>      |
| <p>Exercise - AUD <b>29</b><br/> <b>Workshop - CR</b><br/>           Lunch - BUS<br/>           Water Aerobics - POOL<br/>           Dinner - CR<br/>           Baseball - AUD<br/>           Lunch - GR<br/> <b>Flash - AUD</b><br/>           Dinner - CR</p>                  | <p>Ping Pong ALL DAY <b>30</b><br/>           8:00 Coffee Social - CR<br/>           9:00 Gentle Yoga - AUD<br/>           9:30 Publix Run - BUS<br/>           10:00 Water Aerobics - POOL<br/>           10:00 SilverFit - FC<br/>           10:00 Senior Scholars - AUD<br/>           11:00 CHERA Chorus - AUD<br/>           1:00 Scrabble - C/D 3rd Floor<br/>           1:00-3:00 Ladies' Boutique - D-304<br/> <b>2:00 Under the Oaks - AUD</b><br/>           6:30 Chapel: Dr. Daryl Ward - AUD</p>  | <p><b>Abbreviations Key</b><br/>           AUD - Auditorium<br/>           CR - Community Room<br/>           MDR - Main Dining Room<br/>           PDR - Private Dining Room<br/>           GR - Game Room<br/>           AS - Art Studio, D-406<br/>           FC - Fitness Center<br/>           C - Chapel, K-106<br/>           THE SHOP - Woodshop<br/>           19TH HOLE - Outside C/D</p>   | <p><b>Gift Shop Hours</b><br/>           M-F 8:30 - 10:00 a.m.<br/>           2:00 - 3:30 p.m.<br/> <b>Salon OPEN</b><br/>           For more details, please check<br/>           the posters by the C/D, F/G,<br/>           and M elevators.</p>                                  |

# September Events

Entertainment

Information

Trip

## 01 | FliCRA Meeting 3:00 p.m. - AUD

All are welcome to the Florida Lifecare Residence Association meeting in the **AUDITORIUM**. Come down and listen to our guest presenter, Sheriff Grady Judd.

## 07 | Music Hour 6:30 p.m. - AUD

Venezuelan Orchestra conductor, Alfonso Lopez returns to perform classic and original violin music accompanied by talented pianist, Michelle Tabor in the **AUDITORIUM**.

## 09 | J.U.L.I.E.T.S Lunch 12:00 p.m. - BUS

Calling all ladies! We would love to invite all of you out to a lovely lunch at Il Forno Italian restaurant. Sign ups will be available at C-118.

## 09 & 10 | Honoring 9/11 10:00 a.m. & 2:00 p.m. - AUD

We will be honoring the lives of people affected by 9/11, by showing a documentary on the 9th about a small town in Newfoundland who helped the lives of so many people on that frightful day. Then on the 10th, we will be showing a musical that was based on the events of this documentary.

## 12 | Grandparent's Day Celebration 3:00 p.m. - AUD & CR

Invite your families to come on out and celebrate this joyous celebration of grandparents everywhere. Enjoy games in the **Community Room** all day and a movie matinee in the **Auditorium**.

## 13 | Wii Bowling Banquet 12:00 p.m. - AUD

For all who have participated in the Wii Bowling League, this banquet is just for you. We will be celebrating your accomplishments with a delicious lunch and awards handed out to your team.

## 15 | Concert Hour 3:00 p.m. - AUD

Join us in the **AUDITORIUM** for some easy listening music brought to you by returning guest the Essence Duo.

## 16 | National Guacamole Day 2:00 p.m. - AUD

Join us in the **AUDITORIUM** for some delicious chips and guacamole provided by our Dining Services.

## 16 | R.O.M.E.O.S Lunch 12:00 p.m. - BUS

We would like to invite all the men to a special New Orleans style lunch at Walk-Ons Sports Bistreaux. If interested, sign-up sheets will be available at C-118.

## 21 | Alzheimer's Day Bake Sale 12:00-2:00 p.m. - CR

Come on out and purchase some freshly made baked goods made by our fellow residents and staff for our community bake sale in honor of Alzheimer's Day in the **COMMUNITY ROOM**.

## 22 | Endless Summer Celebration 2:00 p.m. - AUD

As fall begins, it's time to say goodbye to summer. We invite you to enjoy our last hurrah to summer 2021 with delicious food, games, and musical entertainment in the **AUDITORIUM**.

## 23 | Virtual Museum Tour 10:00 a.m. - AUD

Join us for a special Senior Scholars as we take you on a live journey through the Cleveland Art Museum in the **AUDITORIUM**.

## 24 | Bok Tower Trip 10:00 a.m. - BUS

Enjoy a walk around this 250 acre garden & bird sanctuary followed by lunch at the Blue Palmetto Cafe. Sign ups will be available at C-118.

# Eldergrow Visits the Health Center



Eldergrow visited on Tuesday, August 10, 2021. Pictured are some of the fun we had that day! The representatives Trina and Sandy were great! Due to social distancing, the representatives stayed outside and started the garden, while the residents watched through the glass of the Magnolia Room. The residents could hear them through a phone talking about all the many plants and flowers they were planting. When they were done with their presentation, the Health Care Center staff wheeled the beautiful indoor garden in the building. Eldergrow left plants and flowers to be potted and the Health Care Center staff as well as a staff member from all departments helped the residents plant the rest of the garden. Trina and Sandy watched us through the window, still guiding us on what to do through the phones. The residents, staff, and the Eldergrow representatives were all smiling and having a great time! The Manor at The Estates of Carpenters would like to again thank Eldergrow for an awesome garden and all the assistance you gave to our great residents and staff! In closing, the recreation staff would like to remind everyone of National Assisted Living Week from September 12th-18th, and to wish all the grandparents a Happy Grandparent's Day! Have a great September!



*- Jamie Backensto, Director of Recreation, Health Center*



**ESTATES**

Dorothy Gravitt. . . . .01  
 David Wilson. . . . .03  
 Harry Coton. . . . .04  
 Annette Hutcherson. . . .04  
 Robert Greer. . . . .05  
 Vinnie Mumbauer. . . . .08  
 Sharon Eshleman. . . . .09  
 Richard Lincoln. . . . .12  
 Betty Snodgrass. . . . .13  
 Hortense Munoz. . . . .15  
 Laretta Newman. . . . .17  
 Alfred Bretz. . . . .18  
 Shirley Patterson. . . . .18  
 Anita Callahan. . . . .19  
 Barbara Martin. . . . .19  
 Theodora Fitzwater. . . .20  
 Dennis Donahue. . . . .21  
 Katie Horvath. . . . .24  
 Ronald Wheeler. . . . .25  
 Pat Bradford. . . . .26  
 Ursula Orme. . . . .26  
 Roberta Dempsey. . . . .28  
 Lois Clarke. . . . .29  
 Melba Fletcher. . . . .29  
 Patrick Bowen. . . . .30  
 Warren Davis. . . . .30

**HEALTH CENTER**

Geoffrey Purvis. . . . .01  
 Mae Steele. . . . .05  
 Mary Gilbert. . . . .15  
 Nellie Schweigart. . . . .16  
 Betty Ketchersid. . . . .25  
 Graydon Cloud. . . . .27  
 Jack Hadley. . . . .28  
 Frances Stewart. . . . .29  
 Rebecca Vandiver. . . . .30



Those born in September are invited to a birthday celebration in the Auditorium on September 29<sup>th</sup> from 2:00-4:00 p.m. There will be delicious desserts and punch provided by our Dining Service department. Everyone will be allowed to invite one guest of their choosing to attend. Find your invitation at your front door and RSVP to Kira Morisako in C-118.



**Movie Night**

**September 4th – “The First Wives Club”**

Starring Goldie Hawn, Diane Keaton, and Bette Midler. Reunited by the death of a college friend, three divorced women seek revenge on the husbands who left them for younger women.

**PG, 103 minutes**

**September 11th – “I Can Only Imagine”**

Starring J. Michael Finley, Dennis Quaid, and Cloris Leachman. The inspiring and unknown true story behind MercyMe’s beloved, chart topping song that brings ultimate hope to so many is a gripping reminder of the power of true forgiveness.

**PG, 110 minutes**

**September 18th – “Julie & Julia”**

Starring Meryl Streep, Amy Adams, and Chris Messina. Julia Child’s story of her start in the cooking profession is intertwined with blogger Julie Powell’s 2002 challenge to cook all the recipes in Child’s first book.

**PG-13, 123 minutes**

**September 25th - “We Bought a Zoo”**

Starring Matt Damon, Scarlett Johansson, and Thomas Haden Church. Set in Southern California, a father moves his young family to the countryside to renovate and re-open a struggling zoo.

**PG, 124 minutes**

# Grandparents Faith

There are so many blessings that are passed down to the next generation by grandparents that are strong in their faith toward God. Through the faith of grandparents, we learn that God doesn't need dynamic preaching to convey His love, nor does he need people with classy cars, big houses, or fancy vacation plans to make an impression. God can change a life, and a generation of lives, using the gentle, consistent, sincere lives of grandparents who love and serve Him. Their never – wavering faith is an anchor. Their unconditional love fills a child with confidence and assurance that they are important and so very special. Moreover, we learn from grandparents that their walk with Christ is lived out every day, not just on Sundays. Their integrity is a light to a lost child that is needing direction in a tough world. Never underestimate the power of faith to make an impact over generations. Grandparents are not perfect but if we take the time to listen, we will hear stories of adversity and blessings that will impact our lives. We will experience a great treasure that will be with us the rest of our days. God bless and keep every grandparent today.

God Bless!

- *Chaplain Randy Horn*

## Sunday Service Schedule

|                |                     |
|----------------|---------------------|
| September 5th  | Rev. William Allen  |
| September 12th | Rev. Dan Morris     |
| September 19th | Rev. Ron Doolittle  |
| September 26th | Rev. Norman Bradney |

## Thursday Night Chapel Schedule

|                |                    |
|----------------|--------------------|
| September 2nd  | Jim Moore          |
| September 9th  | Dr. Melba Fletcher |
| September 16th | Dawn Horn          |
| September 23rd | Dr. Joe Davis      |
| September 30th | Dr. Daryl Ward     |



# The Good Samaritan Fund

The balance of the **GOOD SAMARITAN FUND** is \$392,741.21. As of July 31, 2021, \$67,151.21 has been used to help residents. Monies are taken from the interest earned.

# The Estates

A T C A R P E N T E R S

— HAPPY —



*Grandparents*

♥ DAY ♥



Visit us on the web at : [www.EstatesatCarpenters.com](http://www.EstatesatCarpenters.com)