

Shavings

*The Magazine
of*

The  **Estates**
A T C A R P E N T E R S

*February
2022*



**HAPPY
VALENTINE'S
DAY**

*“And now these remain: faith, hope and love. But the
greatest of these is love.”
1 Corinthians 13:13*

From The Executive Director



As a child I grew up in a single parent family. My mother, who quit high school on her 16th birthday to support her parents and siblings, raised two sons by working at a shoe factory. She was paid piecework, which meant that the income she earned was based upon the amount of work, or the number of shoes she stitched. She took the bus to and from work because we could not afford a car. When she worked late and the buses stopped their routes, she walked 45 minutes back home to our third-floor apartment.

The thing that amazes me to this day is that I do not remember a single time when I heard her complain. She never complained that she had to drop out of high school to support her parents and siblings or about the fact that we did not have a car or a house of our own. Instead, she worked hard to support her children and encouraged us to do well in school. The work ethic she demonstrated every day inspires and motivates me to this day. Looking back, I know that we were poor, but my mother never let me or my brother know it.

If the last two years has taught us anything it is that we are all adaptable, resilient, and determined, but many of us have succumbed to the pressure by focusing on the few things that bother us rather than the many things that bring us joy. The combination of the media fascination with reporting negative news, the gossip and rumors all around us, and the stress of the pandemic have shifted our mindset to focus on what we think is wrong, instead of everything that is right in our lives. What a horrible way to live!

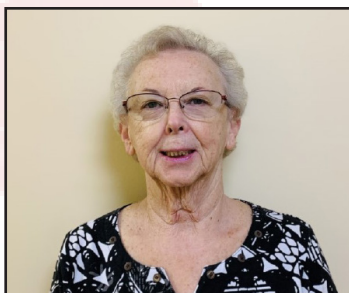
As we enter the third year of a worldwide pandemic, let's refocus on the positives – our community remains financially strong, and our Estates' family is doing well. Our employees remain committed to providing the service you deserve, and the Phase I improvements will begin (hopefully) in the coming months.

American print and broadcast journalist wrote, "Positive thinking is powerful thinking. If you want happiness, fulfillment, success, and inner peace, start thinking you have the power to achieve those things. Focus on the bright side of life and expect positive results."

Sounds like sound advice for 2022 and ... thanks Mom!

- *Brian Robare, CEO & Executive Director*

MEET YOUR NEW NEIGHBORS



Linda Petrarca, I-419, Phone: (863) 937-7767

Linda was born and raised in Rhode Island. She moved to Florida back in 2008. Linda worked in banking for forty years. She enjoys spending time with her two sons and two grandchildren, reading and card making. Please join us in welcoming Linda to the Estates.

Ann & Jerry Weeks, F-321, Phone: (863) 648-4127

Ann is originally from Ohio, she lived there for twenty-two years. Jerry is originally from Midland, Michigan, he lived there for eighteen years. Ann and Jerry met at a bar in Athens, Ohio when she was a student at Ohio University and he was on an assignment with VISTA. Ann worked as a supply clerk communications specialist for thirty years, while Jerry worked as a VA claims examiner for thirty-one years. The couple has camped in an RV in forty-nine states and most of the provinces in Canada. Jerry enjoys tennis and Ann enjoys traveling and geology. We are pleased to welcome Ann & Jerry to our Estates family.



Charlotte Faulstick, B-103, Phone: (863) 853-3069

Charlotte joins us from Sandpiper, where she lived for nineteen years with her husband Robert. Robert is currently in our Manor. They both met while working in a bank. Charlotte worked as a bank teller. She enjoys people, reading and crossword puzzles. We are happy to welcome Charlotte and her husband Robert to the Estates.

February Senior Scholars

Recent research has found that learning keeps brain cells working at optimum levels, which can limit cognitive and memory decline as we age.

Thursday, Feb. 3rd 10:00 a.m. - AUD	Thursday, Feb. 10th 10:00 a.m. - AUD	Thursday, Feb. 17th 10:00 a.m. - AUD	Thursday, Feb. 24th 10:00 a.m. - AS
Becoming Cousteau – National Geographic: Inside look at the legendary life of adventurer Jacques - Yves Cousteau.	Stonehenge Decoded Secrets Revealed - National Geographic: Discovery of a prehistoric site in Ireland sheds new light on the mysteries of Stonehenge.	Social Superpowers of Your Brain: Live Webinar with the Virtual Brain Health	Watercolor Classes with Larry Hamilton: Learn the ways of watercolor with our very own Larry Hamilton in the Art Studio.

True Love

- *Cheri Shrader,
Director of
Nursing*

February 14th is Valentine's Day, the day we show everyone how much we love them. Do we expect the people who love us already, are to love us even more on that day? This really doesn't make sense to me. I would expect my husband to love me the same every single day. Do we really need gifts from someone to show their love? Don't get me wrong, gifts are nice but shouldn't be expected. Candy? No, thank you. My motto is "from the lips to the hips". I'll pass on the candy. Diamonds? Speaking for myself here but I really only like the few I have on my hand right now. Those mean the most. How about this Cupid fellow? What is with him? Legend has it that he was the son of Venus, Goddess of beauty and love. He shot arrows into Gods and humans that made them fall in love with each other. I'm sorry but any chubby little cherub that shoots an arrow in my backside is going to get more than that arrow thrown back at him. He's also going to get my flip flop on his bottom and be grounded for a month! What about cards? Over 130 million cards are given each year on Valentine's Day! Hopefully our love means more than a folded piece of cardboard. Nobody needs to spend six dollars on a card for me. A simple note saying I will have dinner...and dessert, ready for you tonight when you get home would suffice. Instead of all the gifts and cards I think the world should do things differently on Valentines Day. A smile to a stranger might just make someone's day. A little kindness goes a long way and lasts longer than a card or flower. Let someone in line at the checkout in front of you. Pay for someone's coffee. Tell someone how much they matter to you and this world. Say kind words, say positive things, brighten someone's day! There are many ways to show someone that you love them, every single day. You are all very special to me and I wish you the very best Valentines Day! Diamonds not included.

February is always associated with Valentines Day. February is a month full of loving others and loving ourselves, but we tend to forget the source of the entire month, the heart. Our hearts are the driving force of our bodies, and we need to ensure our ticker stays strong to allow us to live to our full potential. Heart disease is the leading cause of death in Americans; fortunately for us there are tips we can follow to help prevent heart disease in most cases.

Following a heart-healthy diet low in calories and high in vitamins, minerals and fiber does wonders for our heart. Choose foods that are low in saturated and trans fats while limiting added sugars is a key in creating a healthy diet.

Regular physical activity can help you lose excess body weight, improve physical fitness and well-being, and lower your risk for many conditions, including heart disease risk factors like high cholesterol and high blood pressure. Participating in activities that help you get up and moving will also help you maintain a healthy body weight.

Minimizing unnecessary stress is also important for heart health. Studies have shown that higher levels of stress can trigger heart attacks or angina. Stress can also elevate blood pressure levels and other risk factors.

Getting plenty of sleep not only makes you feel rested and energized but it also helps you maintain a healthy heart. Over time, not getting enough sleep can increase your risk of heart disease related triggers. Steps you can take for a better night sleep is to avoid caffeine late in the day, have a regular sleep schedule and unplug from technology an hour before bedtime.

We all want to live an engaged and active lifestyle and following some of these key points will help us give our heart the best possible chance for the long haul. Starting Tuesday, February 1st, come to the Fitness Center to pick up your 28-Day Heart Challenge Packet. Let's come together this month to help ourselves and our neighbors live a heart healthy lifestyle.

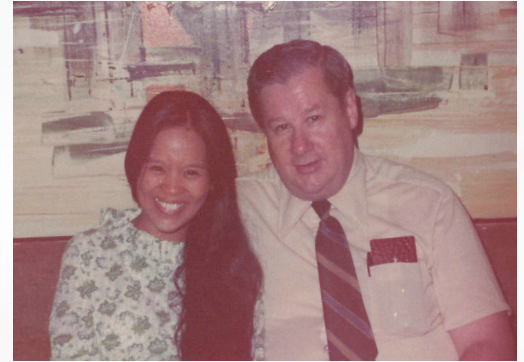
Heart Health

- *Marco Silveira,
Wellness
Coordinator*

Source:
<https://www.grandoaksdc.org>

Resident Spotlight: Eve & Curt Morelock

Curt and Eve Morelock have only lived at the Estates for a few months and have already made such a huge impact on our Estates family. I believe that it is because of their sweet and caring nature not just towards other people but especially to one another. As I was interviewing Eve for this article, I couldn't help but feel that her and Curt's story was something out of a romance novel. Her love for him just radiates off her and you can't help but swoon over just how in love these two are. Which was why the decision of who to interview for this month of love's spotlight was so easy. Every love story has a beginning, and for these two it started with Eve moving to the states in 1966 from the Philippines. In the Philippines, everyone prides themselves on getting a great education and they ultimately move overseas once they graduate. There was a company in Rockford, Illinois that sponsored Eve to come to the States and become a nurse. Eve stayed with a house mother who oversaw any foreign nurses at the time and helped them to adapt to U.S. customs. Eve found out early on that she was the only catholic in her small group and was looking for a church to call home. This is the part of the story where the two main characters see each other for the first time and fall head over heels for one another. Thanks to a woman who worked in the intensive care unit, Eve was able to attend a church where Curt was preaching. Curt had been a minister since he left the military. In 1946, he was stationed in Alaska and since then he has been nothing but loyal and very proud of being a veteran. The beautiful couple met, got engaged, and were married in three months' time in 1966. In early February, the couple will be celebrating their fifty-fourth wedding anniversary. The one thing I feel like people my age wonder about love is that now that the characters have lived "happily ever after" what exactly happens now? I mean they've met, fallen in love, married one another, took care of their kids who have had grandchildren and great grandchildren and practically traveled the world after retirement but now what? Does the love become something that they know they have but sort of push aside? Well, when it comes to Curt and Eve it seems that the love never ends and only deepens from here. Eve says that the most important thing to a long-lasting marriage is "communication and not taking one another for granted. I am devoted to him as he was to me. I was dependent on him before, but now it's my turn to takeover." I'm sure we can all agree that this couldn't be truer when you see them walking the halls together. In addition, if there is an off chance that you don't see them walking the halls it's probably because they do one of their favorite things together which is going to walk around the Lakeland Square Mall to stay active and be around people. After talking with Eve, I found out that Eve and Curt's greatest attribute is how welcoming and social they both are. In fact, it's one of Eve's favorite things about Curt, "his love for the Lord and his caring nature." The one thing that makes it so easy for them to be social is the sweet and welcoming residents we have here at the Estates! Eve says, "I don't know how the Estates produce such kind people? It's just wonderful!" I'm sure I speak for all of us when I say that the feeling is mutual, and we are just so blessed to have these two as part of our family! After fifty-four years, Curt continues to show his love in the best ways. To this day, when he and Eve go out to eat, he will always write, "I love you" in the napkins and slides them to Eve, and even leaves imprints of hearts in their mattress on their bed. If you ask me, after talking with Eve and hearing her incredible love story, I feel like my heart just grew three times its size and I hope that this article did the same for you! Happy Valentines Day to Curt and Eve and to all our wonderful residents!



- Kira Morisako, Resident Lifestyles' Assistant

MEMORIALS, HONORARIUMS, AND DONATIONS

The Estates would like to thank the following individuals for their generosity during the month of December 2021: Ervine Byrnes, Gary Mitchell, Brian Robare, John Thompson, and Matt Thompson.



Sunday	Monday	Tuesday	Wednesday
		8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 10:00 Drum Fit - AUD 10:00 Water Aerobics - POOL 1:00 Bible Study with Jim Moore - AUD 2:00 Reflections - CR 2:30 Bible Study with Gayle Moore - AUD	9:00 Group Exercise - CR 9:30 Walmart Run - CR 10:00 Water Aerobics - CR 10:00 Tai Chi - AUD 10:00 Intercessory - CR 10:00-12:00 Carpenter's Shop Hours - CR 11:00 Bean Bag Bowling - CR 1:00-3:00 Ladies' Bowling - CR 1:00 Wii Bowling - CR 2:00 Afternoon Tea - CR 6:00 Bridge - AUD 6:15 Mexican Train - CR
11:00 CHERA Worship: 06 Rev. Richard Dunn - AUD 1:30 Hand, Knee & Foot - C/D 3rd Floor Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN	9:00 Group Exercise - AUD 10:00 Catholic Rosary - PDR 10:00 Water Aerobics - POOL 10:00 Body Balance - AUD 10:00 Cooking with Chef Erick - CR 10:00-12:00 Carpenter's Shop Hours 10:30 CHERA Chorus - AUD 11:15 Silent Singers - AUD 1:00 Wii Bowling League - GR 6:00 Scrabble - C/D 3rd Floor 6:30 Bingo - AUD	8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 10:00 Walk n' Groove - AUD 10:00 Foshee Jewelers - CR 10:00 Water Aerobics - POOL 1:00 Bible Study with Jim Moore - AUD 2:00 Reflections - CR 2:30 Bible Study with Gayle Moore - AUD 6:30 Concert Hour - AUD	9:00 Tampa by La BUS 9:00 Strength Circuit - CR 9:30 Walmart Run - CR 10:00 Water Aerobics - CR 10:00 Intercessory - CR 10:00-12:00 Carpenter's Shop Hours - CR 10:30 Journey Through the Bible - CR 11:00 Marketing Meeting - CR 1:00 Wii Bowling - CR 1:00-3:00 Ladies' Bowling - CR 6:00 Bridge - AUD 6:15 Mexican Train - CR
11:00 CHERA Worship: 13 Rev. Norm Bradney - AUD 1:00 TWH: Always Patsy Cline - BUS 1:30 Hand, Knee & Foot - C/D 3rd Floor Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN	9:00 Group Exercise - AUD 10:00 Catholic Rosary - PDR 10:00 Water Aerobics - POOL 10:00 Body Balance - AUD 10:00-12:00 Carpenter's Shop Hours 10:30 CHERA Chorus - AUD 11:15 Silent Singers - AUD 1:00 Wii Bowling League - GR 4:00-6:00 Valentine's Day Soiree MDR 6:00 Scrabble - C/D 3rd Floor 6:30 Bingo - AUD	8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 10:00 Town Hall Meeting - VIRTUAL 1:00 Bible Study with Jim Moore - AUD 2:00 Reflections - CR 2:30 Bible Study with Gayle Moore - AUD	8:30-9:30 Pancake Breakfast - CR 9:00 Group Exercise - CR 9:30 Walmart Run - CR 10:00 Water Aerobics - CR 10:00 Tai Chi - AUD 10:00 Intercessory - CR 10:30 Carpenter's Shop Hours - CR THE SHOP 11:00 Bean Bag Bowling - CR 1:00 Wii Bowling - CR 1:00-3:00 Ladies' Bowling - CR 6:00 Bridge - AUD 6:15 Mexican Train - CR
11:00 CHERA Worship: 20 Rev. Greg Robinson - AUD 1:00 TWH: Practically Perfect - BUS 1:30 Hand, Knee & Foot - C/D 3rd Floor Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN	9:00 Group Exercise - AUD 10:00 Catholic Rosary - PDR 10:00 Water Aerobics - POOL 10:00 Body Balance - AUD 10:00-12:00 Carpenter's Shop Hours 10:30 CHERA Chorus - AUD 11:00 Park Walk & Picnic - BUS 11:15 Silent Singers - AUD 1:00 Wii Bowling League - GR 6:00 Scrabble - C/D 3rd Floor 6:30 Bingo - AUD	8:00 Coffee Social - CR 9:00 Strength Circuit - FC 10:00 Foshee Jewelers - CR 10:00 Water Aerobics - POOL 12:00-2:00 Birthday Dinner - AUD 1:00 Bible Study with Jim Moore - AUD 2:00 Reflections - CR 2:30 Bible Study with Gayle Moore - AUD 6:30 Comedy Night with Mike Williams - AUD	9:00 Clergy Fellowship - CR 9:00 Strength Circuit - CR 9:30 Walmart Run - CR 10:00 Water Aerobics - CR 10:00 Intercessory - CR 10:00-12:00 Carpenter's Shop Hours - CR 11:00 Marketing Meeting - AUD 1:00 Wii Bowling - CR 1:00-3:00 Ladies' Bowling - CR 6:00 Bridge - AUD 6:15 Mexican Train - CR
27 11:00 CHERA Worship: Rev. David Lee - AUD 1:30 Hand, Knee & Foot - C/D 3rd Floor Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN	28 9:00 Group Exercise - AUD 10:00 Catholic Communion - PDR 10:00 Water Aerobics - POOL 10:00 Body Balance - AUD 10:00-12:00 Carpenter's Shop Hours 10:30 CHERA Chorus - AUD 11:15 Silent Singers - AUD 1:00 Wii Bowling League - GR 2:00-4:00 Resident Art Gallery - AS 6:00 Scrabble - C/D 3rd Floor 6:30 Bingo - AUD	Gift Shop Hours M-F 8:30 - 10:00 a.m. 2:00 - 3:30 p.m. Activity Sign-up Sign-up sheets for monthly activities are posted on the Activity Bulletin Board on the last Friday of each month.	Abbreviations AUD - All United District ECR - Estates Church PDR - Private District MDR - Main District GR - Garden TC - Technology AS - Art Studio FC - Fitness Center C - Chapel

Wednesday	Thursday	Friday	Saturday
Coffee Social - AUD Group Exercise - BUS Tai Chi - POOL Water Aerobics - AUD Prayer - CR Carpenter's Shop Hours Baseball - AUD Boutique - D-304 League - GR Tampa Trip - AUD Scrabble - CR	02 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Becoming Cousteau - AUD 10:00 FLiCRA Chp. 132 Board Meeting - CR 11:00 Tampa Trip - BUS 1:00 Scrabble - C/D 3rd Floor 6:30 Chapel: Rev. Greg Robinson	03 8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00 Wii Bowling League - GR 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD	04 Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN 1:00 Women's Social Connection - MDR 6:00 Saturday Night Movie - AUD "27 Dresses"
09 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Stonehenge Decoded - AUD 11:00 R.O.M.E.O.S Lunch: Mojo BBQ BUS 1:00 Scrabble - C/D 3rd Floor 6:30 Chapel: Rev. Doug Roth 7:30 CHERA Meeting - MDR	10 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Stonehenge Decoded - AUD 11:00 R.O.M.E.O.S Lunch: Mojo BBQ BUS 1:00 Scrabble - C/D 3rd Floor 6:30 Chapel: Rev. Doug Roth 7:30 CHERA Meeting - MDR	11 8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00 Wii Bowling League - GR 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD	12 Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN 1:00 Women's Social Connection - MDR 6:00 Saturday Night Movie - AUD "A Taste of Romance"
16 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 9:00 Religious Resource - CR 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Social Superpowers of your Brain AUD 11:00 J.U.L.I.E.T.S Lunch: Longhorn BUS 1:00 Scrabble - C/D 3rd Floor 6:30 Chapel: Rev. Jon Betz	17 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 9:00 Religious Resource - CR 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Social Superpowers of your Brain AUD 11:00 J.U.L.I.E.T.S Lunch: Longhorn BUS 1:00 Scrabble - C/D 3rd Floor 6:30 Chapel: Rev. Jon Betz	18 8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00 Wii Bowling League - GR 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD	19 Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN 1:00 Women's Social Connection - MDR 6:00 Saturday Night Movie - AUD "Sense & Sensibility"
23 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Watercolor Classes - ART STUDIO 10:00 Harborside Boat Cruise - BUS 1:00 Scrabble - C/D 3rd Floor 2:00 Chili Social - AUD 6:30 Chapel: Rob Lynn	24 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Watercolor Classes - ART STUDIO 10:00 Harborside Boat Cruise - BUS 1:00 Scrabble - C/D 3rd Floor 2:00 Chili Social - AUD 6:30 Chapel: Rob Lynn	25 8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00 Wii Bowling League - GR 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD	26 Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN 1:00 Women's Social Connection - MDR 6:00 Saturday Night Movie - AUD "The Wedding Singer"

Auditorium
 Conference Room
 Dining Room
 Dining Room
 Game Room
 Gym Center, K-207
 Studio, D-406
 Fitness Center
 Chapel, K-106

FEBRUARY



February Events

Entertainment

Trip

03 | Tampa Trip 11:00 a.m. - BUS

Join us on our trip to Tampa, Florida where we will be eating lunch at Florida's oldest restaurant, Columbia Restaurant. We will also be exploring Sparkman's Wharf. Sign ups will be at C-118.

08 | Concert Hour 6:30 p.m. - AUD

Listen to your favorite love songs played on the piano by Spess Neblett in the AUDITORIUM.

09 | Tampa by Land & Sea 9:00 a.m. - BUS

Small World Tours will be taking you to explore the city of Tampa with a guided motor tour, a delicious lunch and a water taxi tour of Tampa Bay. Sign ups will be at C-118.

10 | ROMEOS Lunch: Mojo BBQ 11:00 a.m. - BUS

Calling all Romeos! This month we will be taking you to Mojo BBQ in downtown Lakeland to enjoy a delicious lunch and great company! Sign ups will be at C-118.

13 | TWH: Always... Patsy Cline 1:00 p.m. - BUS

Theatre Winter Haven presents the true story of country music legend, Patsy Cline's unlikely friendship with a fan, Louise Seger, cemented by years of letter-writing. The show will include many hits made by the famous country legend.

14 | Valentines Day Soiree 4:00 p.m - 6:00 p.m - MDR

We will be having a special dinner with live entertainment in the MAIN DINING ROOM to celebrate this day of love! We will also have community tables for parties of one.

17 | JULIETS Lunch: Longhorn 11:00 a.m. - BUS

Juliets! This month we will be taking you to Longhorn Steakhouse followed by shopping at Lakeside Village. Sign ups will be at C-118.

20 | TWH: Practically Perfect 1:00 p.m. - BUS

Theatre Winter Haven presents a live performance and multimedia theatrical event that relives the life and music of the incomparable Julie Andrews and recreates your favorite moments from stage and screen. After the show you will enjoy a nice dinner at Harborside.

21 | Park Walk & Picnic 11:00 a.m. - BUS

This month's park walk & picnic will take place at Gator Creek Reserve. Enjoy the beauty of nature and a delicious packed lunch provided by Dining Services. Sign ups will be at C-118.

22 | Comedy Night 6:30 p.m. - AUD

Join us in the AUDITORIUM for a night full of laughs as we welcome comedian Mike Williams to the Estates.

24 | Harborside Boat Cruise 10:00 a.m. - BUS

We will be heading back to Harborside for a boat cruise around the Chain of Lakes and delicious lunch. Sign ups will be at C-118.

28 | Resident Art Gallery 2:00 p.m - 4:00 p.m - AS

Join us in the ART STUDIO to see some of the amazing talents of our residents. Enjoy the interactive art stations, learn about the upcoming events in the Art Studio, and some sparkling cider and hors d'oeuvres will be provided by Dining Services.

Health Center Update

January has passed and it was a great month as the residents and staff brought in the New Year with a party and a countdown to 2022! Residents and staff are going to try and adhere to our New Year Resolutions and encourage others to as well! For January's recreational activities, we celebrated Elvis' birthday, enjoyed the beautiful weather, worked in our Garden Club, had church services, and continued with our bingo/word games. February will be filled with many recreational activities as well including our Valentine's parties on the 14th! February is also a time to encourage each other to share love! Remember that love is not always a gift! It can be your time and prayers for our residents in the new year! Please remember to call and write letters to the residents in the Health Care Center. It is also that time of year, recreation will be selling balloon bouquets for \$5.00. If you would like to participate, please see information below! The Health Care Center would like to wish everyone a very Happy Valentine's Day and a safe February 2022!

- Jamie Backensto, Director of Recreation, Health Center

Valentine's Day Balloon Sale



The Health Center's Recreation Department is holding their annual Valentine's Day Balloon Bouquet sale. Each bouquet includes a Mylar balloon, a personalized gift tag, and a treat box with your choice of Hershey's Kisses, sugar free chocolates, or a stuffed animal all for **\$5.00!**

If you would like to place an order, please complete the order form located at the Front Desk by Thursday, February 10, 2022.

Bouquets will be delivered by the Resident Lifestyles Department on Monday, February 14, 2022.

Thank you for your support!



Happy Birthday



ESTATES

Wyanda Mitchell.02
Terrell Pendarvis.04
Janet Pesta.04
Janet Mingee.05
Judy Douce.06
Joyce Schlegel.06
Robert Jorgensen.07
David Bowen.09
Jeanie Brazelton.09
George Hanson.09
Lynn Harrison.12
Frank Elmore.15
William Gabler.15
Norma Schartner.15
Richard Weyers.15
Larry Hamilton.16
Henry Karr.16
Gayle Moore.17
David Brazelton.18
Mildred More.18
Helen Oeters.19
Ralph Sterling.19
Nicola Acquavella.20
Edith Bradman.21
Mary Drury.21
Jorge Figueroa.22
Glenda Reeves.22
Tom Austin.28
Martha Hopkins.28

HEALTH CENTER

John Hoadley.03
Arleen Oakland.11
Joan Scandlin.12
Grace Matthews.16
Nancy Matter.17
Helen Irelan.23



Those born in February are invited to a birthday dinner in the Auditorium on February 22nd from 12:00-2:00 p.m. There will be a delicious meal provided by our Dining Service department. Everyone will be able to invite one guest to attend. Find your invitation at your front door and RSVP to Kira Morisako in C-118.



February 5th – “27 Dresses”

Starring Katherine Heigl, James Marsden, and Malin Akerman. After serving as a bridesmaid 27 times, a young woman wrestles with the idea of standing by her sister’s side as her sibling marries the man she’s secretly in love with.
(PG-13 - 111 mins.)

February 12th – “A Taste of Romance”

Starring Teri Polo, Bailee Madison, and James Patrick Stuart. A grudge between two neighboring restaurateurs soon turns to love.
(PG - 90 mins.)

February 19th – “Sense & Sensibility”

Starring Emma Thompson, Kate Winslet, and Hugh Grant. After the death of Mr. Dashwood, the Dashwood family takes a step down in society and faces hardship as they are four women virtually penniless. Elinor and Marianne, two sisters with different perspectives on life and interests, keep one another in line and support one another through death, hardship, love, and friendship.
(PG - 136 mins.)

February 26th - “The Wedding Singer”

Starring Drew Barrymore, Adam Sandler, and Christine Taylor. Robbie, a singer, and Julia, a waitress, are both engaged, but to the wrong people. Fortune intervenes to help them discover each other.
(PG-13 - 97 mins.)

God's Love For Us

The old saying, "actions speak louder than words" really does apply to the true meaning of love. Another popular quote is, "preach the gospel always". When necessary, use words "You see the quote everywhere, and for good measure too". I think that's because its message resonates with many Christians about the importance of living a life of such Christlikeness that it makes the world stop, think, and inquire about the Jesus you serve. There must be something more significant and distinctive that separates Christians from the rest of the world. Matthew 5:16 says, "as God's chosen people, we possess the word of God, and we are salt and light in the world." His love in us is eternal and His love never fails. Romans 8:38-39 "I am convinced that neither death nor life, nor angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord." That is His unchanging love for His children. God's love works in us and through us. They will know we are Christians by our love.

God Bless!

- Chaplain Randy Horn

Thursday Night Chapel Services

February 3rd	Rev. Greg Robinson
February 10th	Rev. Doug Roth
February 17th	Rev. Jon Betz
February 24th	Rob Lynn The Gideons International

CHERA Sunday Worship Speakers

February 6th	Rev. Richard Dunn Assemblies of God
February 13th	Rev. Norm Bradney Assemblies of God
February 20th	Rev. Greg Robinson Assemblies of God
February 27th	Rev. David Lee Assemblies of God

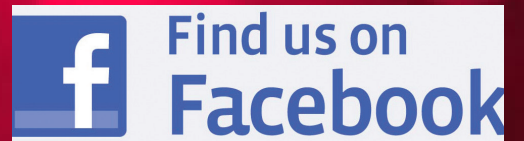


The Good Samaritan Fund

The balance of the **GOOD SAMARITAN FUND** is \$395,509.97. As of December 31, 2021, \$68,207.94 has been used to help residents. Monies are taken from the interest earned.

The Estates

A T C A R P E N T E R S



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